



**Saturday May 6, 2023**

Creve Coeur Park

**WALK • RUN • INSPIRE**

## **FREQUENTLY ASKED QUESTIONS:**

### **MAY 6 STEPS FOR HOPE SCHEDULE:**

#### **May 6 schedule:**

9:00am-10:00am	Steps For Hope check-in and onsite registration opens at the Registration table in the Wellness tent
9:00am-10:30pm	Raffle tickets on sale
9:00am – 12:00pm	VIP Sponsor Pavilion open (red VIP wristband required for entry) Team tents open for those walking as part of a registered team Food and Beverage Tent open Julie Tristan and Paul Cook, media personalities, onsite as emcee TKO DJ playing up the fun Families Connect tent open Jason Brightfield Young Adult tent open
9:30am-10:00am	<b>Louie</b> from the <b>St. Louis Blues</b> onsite to kick off the walk and take pics!
9:30am-10:00am	Princess Tiana and a Jedi onsite to take pics in the Families Connect area!
<b>10:00am</b>	<b>25<sup>th</sup> Steps for Hope kicks off!</b>
11:00am-11:30am	Raffle drawing! (you do not need to be present to win) Inaugural presentation of the <b>Peggy Nelson Esperanza Award</b> , presented to Ann Plunkett Top teams recognition
12:00pm	Steps For Hope concludes (until 2024!)

### **GENERAL INFORMATION:**

#### **What time is the walk?**

Registration/check-in opens at 9:00am and the **25<sup>th</sup> Steps For Hope kicks off at 10:00am.**

#### **What time should I arrive?**

Registration/ check-in opens at 9:00am, the **25<sup>th</sup> Steps For Hope kicks off at 10:00am**, and the walk concludes at Noon. We hope you'll join in the fun the entire time!

## What activities will be available in addition to the walk?

We have a full day of fun for everyone!

**Louie** from the **St. Louis Blues** will be onsite to kick off the walk and take pics from **9:30am-10:00am**

**Princess Tiana and a Jedi** will be onsite to take pics in the Families Connect area from **9:30am-10:00am**

**Julie Tristan and Paul Cook, media personalities**, will be onsite as emcee from **9:00am-11:30am**

**TKO DJ** will be playing up the fun from **9:00am-Noon**

**Families Connect tent** open from **9:00am-12:00pm** with face painting, art activity, nature scavenger hunt, bubbles, a special raffle opportunity, and more!

**Jason Brightfield Young Adult tent** open from **9:00am-12:00pm** with a special raffle opportunity

**Raffle tickets available for purchase from 9:00am-10:30am** and the **winners will be drawn at 11:00am** (you do not need to be present to win). To purchase tickets online up to May 3 [click here](#).

The **Peggy Nelson Esperanza Award** has been created in this 25<sup>th</sup> Steps For Hope Anniversary year as a tribute to Peggy Nelson's legacy at Cancer Support Community of Greater St. Louis. We are pleased to present the award to at 11:15am to Ann Plunkett, long-time CSC board member and supporter.

[Click here for more information](#).

## REGISTRATION

### Can I choose my walk time?

As part of our 25<sup>th</sup> Steps For Hope celebration we are excited to **kick off the walk with all participants at 10:00am**.

### Can I register at the walk on May 6?

Yes! Just stop by the Registration table in the Wellness Tent between 9:00am and 10:00am to register.

### I registered to walk but my plans changed and I am not able to walk. Can I get a refund?

Unfortunately, we are not able to provide refunds.

### Will I receive a t-shirt?

All participants paying the \$45 registration fee by April 10 will receive a commemorative Steps For Hope t-shirt (adult sizes only). We will make every effort to provide a t-shirt for registrations made after April 10.

### Do I have to pay for my child to walk?

Children ages 12 and younger are free. Please note that only participants paying the \$45 registration fee by April 10 are guaranteed a commemorative Steps For Hope t-shirt (adult sizes only). We will make every effort to provide a t-shirt to registrations for made after April 10.

### What is the cost to register?

We have 2 registration options:

1. \$45 per person registration includes a commemorative Steps For Hope t-shirt (adult sizes only; t-shirt guaranteed with registration by April 10), and access to food and drinks, including Sugarfire BBQ, in the Food and Beverage tent. We will make every effort to provide a t-shirt for registrations made after April 10.
2. \$25 per person registration includes access to food and drinks, including Sugarfire BBQ, in the Food and Beverage tent.

To register [Click here](#)

## What is included in my registration cost?

\$45 per person registration includes a commemorative Steps For Hope t-shirt (adult sizes only t-shirt guaranteed with registration by April 10), and access to food and drinks, including Sugarfire BBQ, in the Food and Beverage tent. We will make every effort to provide a t-shirt for registrations made after April 10.

\$25 per person registration includes access to food and drinks, including Sugarfire BBQ, in the Food and Beverage tent.

To register [Click Here](#)

## How do I get my t-shirt?

There are 2 options to receive your t-shirt:

1. Advance pickup – If you register by April 10 you can pick up your t-shirt at Cancer Support Community at 1058 Old Des Peres Road, St. Louis 63131 from 10:00am to 4:00pm on Wednesday May 3 and Thursday May 4.
2. Walk day pickup – If you register by April 10 you can pick up your t-shirt at the Registration table in the Wellness Tent at Creve Coeur Park in Sailboat Cove on Saturday May 6 from 9:00am to Noon. Please note that t-shirts are only guaranteed if you register by April 10.

We will make every effort to provide a t-shirt for registrations made after April 10. Please check t-shirt availability at the Registration table in the Wellness Tent at Creve Coeur Park in Sailboat Cove on Saturday May 6 from 9:00am to Noon.

## Can I participate in Steps for Hope if I am not able to attend in person?

Unfortunately we will not have an official virtual Steps For Hope program but you can always take your own Steps for Hope and tag us in your social media posts!

## THINGS TO BRING WITH YOU ON MAY 6

### What do I need to bring/wear on May 6?

To make sure you have the best walk experience we recommend bringing/wearing the following:

- **Weather-appropriate attire** (the walk will take place, rain or shine!)
- **Steps For Hope t-shirt** (guaranteed with a paid \$45 registration by April 10)
- **Comfortable shoes** for walking
- **Sunscreen**
- A **hat** or visor
- A bottle of **water** or other hydrating drink (we will also have individual bottles in the Food tent)
- A **credit card to purchase raffle tickets**. Raffle tickets can be purchased at the walk until 10:30am and the drawing will take place at 11:00am (you do not need to be present to win)
- **Creative signs** to show off your team's style
- **Cameras or smartphones** to take and post plenty of pictures
- A **face mask/covering** if you choose

## **WALK TEAMS**

### **Top Teams Area**

Teams who raise \$2,500 or more by April 19 can take advantage of their own dedicated tent located in the Wellness Village.

### **Do my team members have to register?**

Yes, if they want to attend Steps for Hope on May 6 at Creve Coeur Park they need to register. To register [Click here](#).

## **VIP SPONSOR PAVILION**

### **Where is the VIP Sponsor Pavilion?**

To celebrate your dedication to raising money for Steps for Hope we are pleased to offer a VIP Sponsor Pavilion at the Tremayne Shelter. VIP status is exclusively awarded to our corporate and individual Sponsors. A red wristband is required to enter the VIP Sponsor Pavilion. VIP wristbands can be picked up when you pick up your t-shirt. If you are interested in becoming a corporate or individual sponsor please [click here](#) or email Sharon at [sclark@cancersupportstl.org](mailto:sclark@cancersupportstl.org).

### **How can I access the VIP Sponsor Pavilion?**

VIP status is exclusively awarded to our corporate and individual Sponsors. A red wristband is required to enter the VIP Sponsor Pavilion. If you are not already a sponsor click here to be a [corporate sponsor](#) or [individual sponsor](#) or email Sharon at [sclark@cancersupportstl.org](mailto:sclark@cancersupportstl.org).

### **What is included in the VIP Sponsor Pavilion?**

The sponsor VIP Sponsor Pavilion includes soft seating areas for relaxing and socializing before and after you walk, Sugarfire BBQ, a variety of individually wrapped granola bars, chips, and fruit, and a variety of drink options including coffee and individually bottled drinks. A red wristband is required to enter the VIP Sponsor Pavilion. If you did not receive a wristband with your t-shirt, or if you are interested in becoming a corporate sponsor click here [click here](#) or individual sponsor [click here](#) or email Sharon at [sclark@cancersupportstl.org](mailto:sclark@cancersupportstl.org).

## **RAFFLE**

### **What are the raffle items?**

[Click here](#) to buy tickets to our 50/50 raffle or 6 fun raffle baskets. Tickets are available online through May 3, or onsite at Steps For Hope on May 6 from 9:00am-10:30am! You do not need to be present to win.

### **What is the cost of a raffle ticket**

Raffle tickets are only \$5 each or 5 for \$20 and will be available online through May 3 [here](#) or onsite at Steps For Hope on May 6 from 9:00am-10:30am! Raffle winners will be drawn on May 6 at 11:00am. You do not need to be present to win.

### **Can I buy raffle tickets on May 6 at the Walk?**

Yes! We will sell raffle tickets at Steps For Hope from 9:00am-10:30am. Raffle tickets are \$5 each or 5 for \$20. Raffle winners will be drawn on May 6 at 11:00am. You do not need to be present to win.

### **When is the raffle drawing?**

The raffle drawings will take place at 11:00am on May 6 at Creve Coeur Park. Winners do not need to be present to win.

### **If I win, how do I claim my prize?**

Winners may claim their raffle basket at Steps For Hope on May 6 from 11:00am-Noon at the Registration table in the Wellness tent. If you are not able to claim during that time or are not attending Steps For Hope on May 6 raffle baskets can be picked up at Cancer Support Community at 1058 Old Des Peres Road, St. Louis 63131. Please email Emily at [Ekelle@cancersupportstl.org](mailto:Ekelle@cancersupportstl.org) or call 314-238-2000 to make pick up arrangements.

### **Do I need to be present at the drawing to win?**

You do not need to be present to win but we hope you can join in the excitement of the raffle drawing at Creve Coeur Park on May 6 at 11:00am.

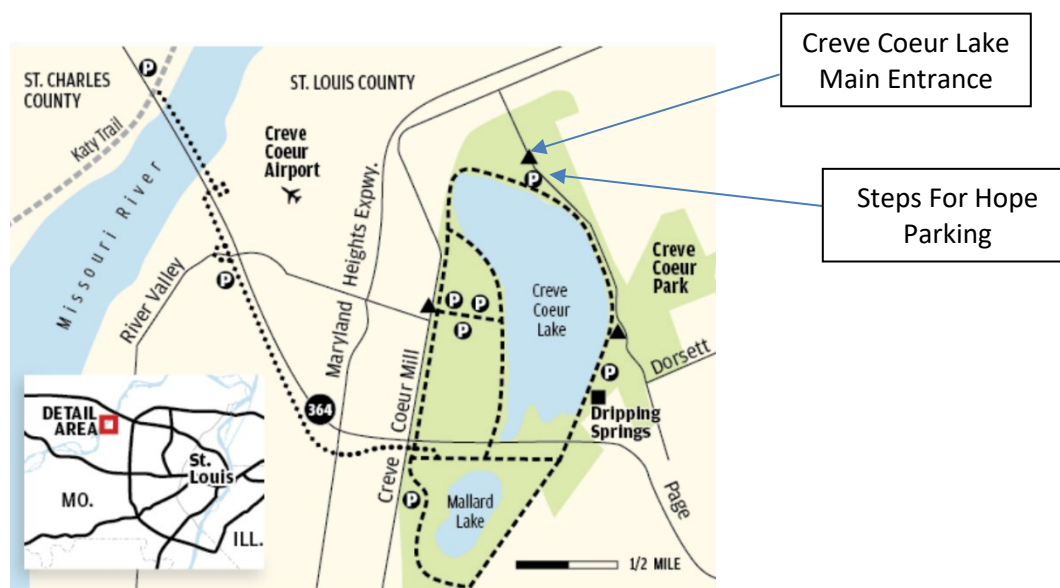
## **PARKING**

### **Where do I park?**

Parking is available near the Tremayne Shelter area at the main entrance to Creve Coeur Park. A Steps For Hope volunteer will guide you to the parking lot.

### **Is there a charge to park?**

No, there is no charge to park. Free parking is available near the Tremayne Shelter area at the main entrance to Creve Coeur Park. A Steps For Hope volunteer will guide you to the parking lot.



## **HOW CAN I FUNDRAISE IN ADDITION TO WALKING, OR IF I CAN'T PARTICIPATE IN THE WALK?**

### **Can I still fundraise if I don't attend the Walk?**

Yes, thank you! While attending Steps For Hope is the best way to celebrate together, you can still fundraise. At the end of the day, it's about what we make possible together through your fundraising – just follow these simple steps:

1. [Create your own fundraising page](#) so everyone knows why you support Cancer Support Community of Greater St. Louis. Share your own story to inspire your team! Make sure to share the link to your fundraising page through social media and email.

2. Get creative! We know you may need to change your fundraising plans, but now is a great time to be creative with how you'll hit your goal. Have a virtual party asking people to share their stories and contribute to your fundraiser. We'd be happy for you to share other ideas with us as well! How can we connect as a community in a virtual way? Do you have fun videos to share?

### **Does the money raised stay right here in our community?**

Yes! All proceeds from Steps for Hope directly fund Cancer Support Community of Greater St. Louis' programs and services offered to individuals and families impacted by cancer in our community.

### **Do you accept employer-matching donations?**

Yes, talk to your human resources department to find out if your company participates in a matching gift program.

## **COVID-19 (CORONAVIRUS)**

### **Do I have to wear a mask at Steps For Hope?**

No, St. Louis County Department of Public Health no longer requires wearing a mask. If you prefer to wear a mask, disposable masks will be available at Registration in the Wellness Tent.

### **What sanitizing measures will be in place at Steps For Hope?**

We will have a number of sanitizing measures in place, including:

- Hand sanitizer will be available at the Wellness tent, Families Connect tent, Food and Beverage tent, and VIP Sponsor Pavilion
- Creve Coeur Park public restrooms have hand washing facilities
- Disposable masks will be available at the Registration table in the Wellness tent to anyone needing one
- Drinks will be self-serve in individual serving bottles/cans

## **OTHER QUESTIONS**

### **How long is the walk route?**

We have 2 walk options – 1 mile and 3.7 miles.

### **Where does the walk take place?**

The walk takes place at Creve Coeur Park in Sailboat Cove (13725 Marine Avenue, Maryland Heights, MO 63043). The official start/finish line is near the Tremayne Shelter area.

### **What if it rains?**

The walk must go on! Rain or shine, we'll be there! In the unlikely event of significant or dangerous weather conditions please [click here](#) or our [Facebook page](#) for updates.

### **Are pets and strollers allowed at the event?**

Absolutely! Bring the whole family – even the furry ones. Please remember that pets need to be current on vaccines, and on a leash under your control always. Be sure to stop by the Wellness tent to buy a Steps For Hope bandana for your furry family member!

### **I forgot my Username and Password. How can I find out what they are?**

Remember that your username and password are case sensitive. [click here to reset your password](#). You will receive separate emails with your username and password.