

**Easy Greek Burgers for the Busy Family**  
**From the Kitchen of Maria Ojascastro**

**Shopping List:**

1 1/2 lbs	ground beef or ground turkey
1 cup	Feta crumbles
1 large	tomato chopped
1 medium	red onion chopped
4-6	Hamburger buns
1 tsp	butter or mayonnaise
1 bag	frozen broccoli
dash	salt and pepper
1 tsp	oregano and parsley

Combine meat, feta, tomato, onion, and spices. Form 4-6 balls of those ingredients. Spread butter or mayonnaise on buns. Toast buns in pan. Cook each ball of meat. Flatten and flip. Add broccoli to pan. Stir until broccoli absorbs most of the juices. Place burger on bun and broccoli on the side. Serve while hot. Enjoy with the entire family.

For more inspiration from Maria Ojascastro, scan the below code or go to <https://www.bextraordinaire.com/ojascastro-artist-statement.html#/>

