

Families Connect
Easy Prep Ahead Family Meal
The Whole Family Will Enjoy
With Maria Ojascastro

3 pork steaks

1/2 cup brown sugar

Pepper

Salt

Garlic powder

Seasoning sauce

1/2 cup Barbecue sauce

1/2 cup beer

Shake pepper, salt, garlic powder and seasoning sauce on both sides of pork steaks

Cover with brown sugar and beer

Soak over night in pan covered with aluminum foil

Open foil

Broil until brown. Flip. Broil other side

Close aluminum foil

Cook for 30 minutes at 375 degrees

1 cup white rice (or 1/2 brown rice 1/2 white rice)

Rinse

Add 1 1/2 cup water

Bring to a boil

Simmer for 20 minutes

Serve with steamed corn

Enjoy!