



2016 IN REVIEW

"CANCER SUPPORT COMMUNITY is a true blessing, providing so many healing opportunities for everyone who has been affected by cancer."

In 2016, Cancer Support Community of Greater St. Louis served **1,355** INDIVIDUALS affected by cancer through **2,052** PROGRAMS or individual support sessions including...

447 SUPPORT GROUP SESSIONS

"I love that I feel normal when at CSC. In the real world there is a tendency to feel alone...I love feeling good and energized when I leave."

98 EDUCATIONAL WORKSHOPS

485 STRESS MANAGEMENT CLASSES

"The peace and calm I was able to achieve during this time was something I looked forward to weekly."

803 INDIVIDUAL SUPPORT SESSIONS

78 SOCIAL EVENTS

"CSC has become a safe and comforting destination. I feel like home here."

These programs added up to **13,925** HOURS in the lives of individuals in our community - patients, caregivers, spouses, family members and friends - all navigating the challenges a cancer diagnosis brings.

141 COMMUNITY EDUCATION AND OUTREACH PROGRAMS

"These programs are a way of getting me outside myself, just to relax and enjoy sharing with others. It always is insightful."

MISSION TO ENSURE THAT ALL PEOPLE IMPACTED BY CANCER ARE EMPOWERED BY KNOWLEDGE, STRENGTHENED BY ACTION, AND SUSTAINED BY COMMUNITY TO ENHANCE THEIR OVERALL WELL-BEING.