

THE DIFFERENCE YOUR SUPPORT MAKES

Each year we survey our members to assess the impact our programs make on their lives. We proudly share the 2019 results.

THROUGH PARTICIPATION AT CSC:



I FEEL **MORE EMPOWERED** TO MAKE INFORMED HEALTH-RELATED DECISIONS.



I FEEL **MORE CONNECTED** WITH OTHERS.

I AM BETTER **ABLE TO EXPRESS** MY FULL RANGE OF EMOTIONS.

I FEEL I AM BETTER ABLE TO **MANAGE MY EMOTIONS.**

I FEEL I HAVE **LESS CANCER-RELATED DISTRESS.**



I HAVE HAD OPPORTUNITIES TO **FIND HOPE AND MEANING.**



I FEEL MORE ABLE TO **ACCESS COMMUNITY RESOURCES.**



= OVERALL SATISFACTION: 4.84/5

“ I cannot say how much this organization has helped me physically, mentally, and emotionally. Movement, art, cooking — each feed a different aspect of life. Creating the best “life” is so important for creating the “new normal” that comes after cancer. Thank you so much! ”

- Gloria, breast cancer survivor and CSC member



www.cancersupportstl.org



Every month our programming offers more than 60 programs in the areas of support groups, bereavement groups, educational workshops, stress management classes, social events, and individual support sessions.

Since opening our doors in 1993, Cancer Support Community has served tens of thousands of people.

Every year, Cancer Support Community of Greater St. Louis provides:

Over **10,000** hours of program support
Through more than **2,800** programs
To over **1,800** individuals impacted by cancer.

SO NO ONE FACES CANCER ALONE

