

# Annual Report 2020



2020 WAS A YEAR THAT TESTED OUR STRENGTH LIKE NO OTHER. Overnight, COVID-19 demanded that we redesign our programming to continue providing critical cancer support while keeping participants and staff safe during a global pandemic. Despite the challenges, we reimagined our programming and continued providing support, **SO NO ONE FACES CANCER ALONE.**

We supported families in their homes through monthly Families Connect opportunities that included virtual videos, interactive family cooking demonstrations, therapeutic art activities, and our annual gingerbread house making where families picked up the kits at CSCSTL and made them together on zoom.

We expanded our unique Jason Brightfield Young Adult Program, a program that addresses their specific needs through discussion groups, educational workshops, and social opportunities.

We offered many educational seminars including: What Do I Tell the Kids- How to Talk to Children about Cancer, Clinical Trials, Precision Medicine, Managing Cancer Related Pain, Making Treatment Decisions, Estate Planning, and Sexual Health.

We provided creative social opportunities, including Game Night, Craft Connection and Card Making, and Back Yard Flower Arranging.



## BECAUSE OF YOU AND THE 1,350 DONORS WE HAD IN 2020, WE WERE ABLE TO PROVIDE...



**2,053** INDIVIDUAL & SUPPORT GROUP VISITS.



**2,291** HEALTHY LIFESTYLE, EDUCATIONAL WORKSHOP, & SOCIAL EVENT VISITS TO INDIVIDUALS WHO WERE FACING THE CHALLENGES OF A CANCER DIAGNOSIS DURING AN UNCERTAIN TIME.



**500** REQUESTS FOR INFORMATION AND RESOURCES AND MORE THAN **6,000** HOURS OF SUPPORT.

Thousands of individuals and families throughout Greater St. Louis are impacted by cancer. They need more than medical care. They need emotional and social support too.

ACCORDING TO OUR ANNUAL SURVEY...

**90% OF PARTICIPANTS** FEEL THEY HAD OPPORTUNITIES TO FIND HOPE & MEANING.

**87% OF PARTICIPANTS** FEEL MORE CONNECTED WITH OTHERS.

**71% OF PARTICIPANTS** FEEL THEY ARE BETTER ABLE TO MANAGE CANCER RELATED STRESS.

**Cancer Support Community of Greater St. Louis** exists so no one has to face cancer alone. Together, **community is stronger than cancer.**

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The Zoom classes are very nice for my Mom and I to attend together in the comfort of our own home. The classes have helped boost our mental wellbeing giving something to look forward to. The connection with others is so important.



CSC programs are a literal life saver for me. I would never have been able to happily live with my cancer without what I've learned through CSC programs. I'm forever grateful.



The support and community that I get from other cancer survivors at CSC is priceless to me.

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