

# Cancer Support Community of Greater St. Louis COVID-19 Reopening Plan

## Summary



COVID-19 is a respiratory disease that can result in serious illness or death and can easily spread from person to person. As such, it is essential to protect the health of staff, facilitators, instructors, volunteers, and participants. Decisions have been and will continue to be made with direction from federal and local officials, and local public health authorities and regulations.

This Reopening Plan is intended to provide guidelines based on available federal and local recommendations. *The Reopening Plan may not be a comprehensive list of actions to be taken and does not represent medical or legal advice.*

Cancer Support Community of Greater St. Louis (“CSCSTL”) subscribes to the patient active concept: That CSCSTL participants improve the quality of their lives by being active in their care and wellbeing. Therefore, **after reviewing the Reopening Plan guidelines herein every participant should independently determine if entering CSCSTL is appropriate based on his/her individual health and circumstances. Each participant entering is responsible for independently taking the necessary precautions to protect him/herself. Entry into CSCSTL requires an advance appointment or program registration, and submission of the Health Screening and Informed Consent for In-Person Services contained on the last page of this Reopening Plan for each program session.**

**In effort to ensure that each participant has the information necessary to make an informed and independent decision pertaining to entering CSCSTL, following are CSCSTL’s policies on social distancing, masks, and Covid vaccinations:**

- Social distancing –
  - ❖ A small number of programs are being offered in person to ensure that in person program dates and times do not overlap.
  - ❖ To ensure safe and controlled group sizes, advance reservation is required for in person program attendance.
  - ❖ All programming at CSCSTL will be held in the Community Gathering Room (located in the center of the building) to allow for maximum distancing.
  - ❖ All CSCSTL staff, board members, and volunteers are required to practice social distancing at CSC. Additionally, unvaccinated staff, board members, and volunteers will not be at CSC during in person programming and for the hour prior to the start of an in person program.
- Mask policy – In accordance with current local health recommendations:
  - ❖ All Participants, facilitators, and instructors – Masks must be worn at all times, regardless of vaccination status, while in the building unless eating or drinking while socially distanced.
  - ❖ Staff, volunteers, and board of directors – Masks must be worn at all times, regardless of vaccination status, unless alone in an office or eating/drinking while socially distanced.

# Cancer Support Community of Greater St. Louis

## COVID-19 Reopening Plan

### *Summary - continued*



- Covid vaccine policy – CSCSTL is strongly encouraging, but not requiring, that everyone entering the building be vaccinated.
- Symptom Screening - Anyone entering CSCSTL must first conduct a self-assessment of their symptoms prior to entering CSCSTL. Individuals are restricted from entering CSCSTL, regardless of their vaccination status, if:

You are currently experiencing, or have experienced, any of the following symptoms in the last 48 hours:

- fever or chills;
- new or worsened cough;
- shortness of breath or difficulty breathing;
- unexplained abnormal fatigue (e.g., not related to current medical treatment);
- unexplained abnormal muscle or body aches;
- new or unusual headache (e.g., not related to caffeine, diet, medications, or hunger, not related to history of migraines, clusters, or tension);
- loss of taste or smell;
- sore throat;
- abnormal congestion or runny nose (e.g., not normal allergies);
- unexplained nausea or vomiting; or
- unexplained diarrhea.

You, or anyone in your household, tested positive for COVID-19 in the past 14 days.

You, or anyone in your household, is waiting on the results of a COVID-19 test.

You have had contact with anyone with COVID-19 in the past 14 days.

**Individuals exhibiting any symptoms of any illness should not enter CSC St. Louis.**

CSCSTL has adopted additional recommended health and safety procedures around the office, including enhanced cleaning of high-touch points and hand sanitizer readily accessible throughout the building.

This Reopening Plan is for October, November, December 2021 and may be modified without prior notice during that time if necessary. Programs not listed on the In Person Program Schedule herein will remain virtual during October, November, December 2021. Guidelines for 2022 will be established during the third quarter 2021 based on conditions at that time. Participants not comfortable returning to CSCSTL under the conditions described herein will be able to continue receiving support through virtual programs.

# Cancer Support Community of Greater St. Louis COVID-19 Reopening Plan

## In Person Program Schedule

October, November, December 2021



<u>Date</u>	<u>Time</u>	<u>Activity</u>
October 27	9:00am-5:00pm	<b><i>CSCSTL opens (appointment or registration required for entry) Monday through Thursday from 9:00am to 5:00pm and Friday from 9:00am to 2:00pm</i></b>
October 27	6:30pm-8:00pm	Bi-weekly bereavement group
November 2	6:30pm-7:30pm	Craft Connection
November 3	5:30pm-6:30pm	New Member meeting
November 8	6:30pm-8:00pm	Art For Recovery
November 10	6:30pm-8:00pm	Bi-weekly bereavement group
December 3	11:00am-1:00pm	Winter Door swag
December 8	6:30pm-8:00pm	Bi-weekly bereavement group

**Advance reservation and submission of a Health Screening and Informed Consent for In-Person Services form is required to attend each session of in person programming.** The programs listed on the dates above will be offered in person only in the Community Gathering Room. All other programming will be offered via Zoom. For our full program calendar please visit our website at [www.cancersupportstl.org](http://www.cancersupportstl.org).

# Cancer Support Community of Greater St. Louis

## COVID-19 Reopening Plan

### *Staff Schedule and Expectations*



Every Thursday attend in person program team and staff meetings.

To the extent practical, staff will generally have the choice to continue working remotely so long as working remotely meets the needs of the organization and fulfills the individual staff member's responsibilities. Given the nature of CSC STL's operations and the needs of participants, program staff schedules and work locations will be determined by the Program Director.

Wear a mask at all times, regardless of vaccination status, unless are alone in an office or eating/drinking while socially distanced.

All CSCSTL staff are required to practice social distancing at all times while at CSC.

Unvaccinated staff will not be at CSC while in person programs are taking place and for 1 hour prior to the start of an in-person program.

Staff must first conduct a self-assessment of their symptoms prior to entering CSCSTL. Staff is restricted from entering CSCSTL, regardless of their vaccination status, if:

You are currently experiencing, or have experienced, any of the following symptoms in the last 48 hours:

- fever or chills;
- new or worsened cough;
- shortness of breath or difficulty breathing;
- unexplained abnormal fatigue (e.g., not related to current medical treatment);
- unexplained abnormal muscle or body aches;
- new or unusual headache (e.g., not related to caffeine, diet, medications, or hunger, not related to history of migraines, clusters, or tension);
- loss of taste or smell;
- sore throat;
- abnormal congestion or runny nose (e.g., not normal allergies);
- unexplained nausea or vomiting; or
- unexplained diarrhea.

You, or anyone in your household, tested positive for COVID-19 in the past 14 days.

You, or anyone in your household, is waiting on the results of a COVID-19 test.

You have had contact with anyone with COVID-19 in the past 14 days.

**Staff members exhibiting any symptoms of any illness should not enter CSC St. Louis.**

# Cancer Support Community of Greater St. Louis COVID-19 Reopening Plan

*Participant expectations*



Register in advance for in person programming

**Complete the Health Screening and Informed Consent for In-Person Services form contained on the last page of this Reopening Plan** and submit electronically in advance of your program, or submit a physical form to your instructor prior to the start of your program. *A completed form is required to be submitted prior to each program session, even if a form has been submitted for a prior session.*

Arrive a few minutes early so that programming can begin on time, but **no earlier than 10 minutes prior to your program start time** or your appointment time

Mask policy – In accordance with current health recommendations masks must be worn at all times while in the building unless eating or drinking while socially distanced.

Symptom Screening - Anyone entering CSCSTL must first conduct a self-assessment of their symptoms prior to entering CSC STL. Individuals are restricted from entering CSCSTL, regardless of their vaccination status, if:

You are currently experiencing, or have experienced, any of the following symptoms in the last 48 hours:

- fever or chills;
- new or worsened cough;
- shortness of breath or difficulty breathing;
- unexplained abnormal fatigue (e.g., not related to current medical treatment);
- unexplained abnormal muscle or body aches;
- new or unusual headache (e.g., not related to caffeine, diet, medications, or hunger, not related to history of migraines, clusters, or tension);
- loss of taste or smell;
- sore throat;
- abnormal congestion or runny nose (e.g., not normal allergies);
- unexplained nausea or vomiting; or
- unexplained diarrhea.

You, or anyone in your household, tested positive for COVID-19 in the past 14 days.

You, or anyone in your household, is waiting on the results of a COVID-19 test.

You have had contact with anyone with COVID-19 in the past 14 days.

**Individuals exhibiting any symptoms of any illness should not enter CSC St. Louis.**

# COVID-19 HEALTH SCREENING & INFORMED CONSENT FOR IN-PERSON SERVICES AND ADMITTANCE TO FACILITY

This COVID-19 Health Screening & Informed Consent for In-Person Services Form contains important information about your decision to participate in in-person services at Cancer Support Community of Greater St. Louis (CSCSTL).

The health and safety of our community is our highest priority. We are enhancing our safety measures, consistent with guidance from the CDC and state/local public health authorities, by allowing in-person program participation only upon completion of this form prior to each in-person program.

## **In order to enter Cancer Support Community of Greater St. Louis (CSCSTL) facility:**

- For in-person program participation, you have made an advance appointment or registered in advance to attend a program.
- For in-person program participation, you have reviewed, understand, and agree to comply with the “Guidelines for In Person Participation” detailed below and have independently determined that you believe it is safe for you to participate in-person at CSCSTL based on your individual health and circumstances.
- You agree that you are responsible for independently taking the necessary precautions to protect yourself.
- For in-person program participation, you understand that if you are not comfortable attending in-person that you may participate in remote programs via Zoom.

## **Guidelines**

You must complete a COVID-19 Health Screening Form (included in this form) prior to entering CSCSTL. Individuals may be restricted from entering CSCSTL, regardless of their vaccination status, if:

- They are currently experiencing, or have experienced, any of the following symptoms in the last 48 hours:
  - fever or chills;
  - new or worsened cough;
  - shortness of breath or difficulty breathing;
  - unexplained abnormal fatigue (e.g., not related to current medical treatment);
  - unexplained muscle or body aches;
  - new or unusual headache (e.g., not related to caffeine, diet, medications, or hunger, not related to history of migraines, clusters, or tension);
  - loss of taste or smell;
  - sore throat;
  - abnormal congestion or runny nose (e.g., not normal allergies);
  - unexplained nausea or vomiting; or
  - unexplained diarrhea.
- They, or anyone in their household, tested positive for COVID-19 in the past 14 days.
- They, or anyone in their household, is waiting on the results of a COVID-19 test.
- They have had contact with anyone with COVID-19 in the past 14 days.

**Individuals exhibiting any symptoms of any illness should not enter CSC St. Louis.**

Mask policy for staff, volunteers, and board of directors – Masks must be worn at all times, regardless of vaccination status, unless alone in an office or while eating/drinking while socially distanced.

Mask policy for in-person participants – Masks must be worn at all times, regardless of vaccination status, unless eating/drinking while socially distanced.

**If the foregoing guidelines are not followed it may result in your removal from in-person participation.**

# COVID-19 HEALTH SCREENING & INFORMED CONSENT FOR IN-PERSON SERVICES AND ADMITTANCE TO FACILITY



## Screening

	Yes	No		Yes	No
Have you tested positive for COVID-19 in the past 14 days?			Have you been in close contact with anyone with COVID-19 in the past 14 days?		
Are you waiting on the results of a COVID-19 test?			Do you currently (or within the past 48 hours) have chills?		
In the past 14 days, has anyone in your household displayed any symptoms of COVID-19, been diagnosed with COVID-19, or is awaiting testing?			Do you currently (or within the past 48 hours) have unexplained body aches or muscle pain?		
Do you currently (or within the past 48 hours) have shortness of breath or difficulty breathing?			Do you currently (or within the past 48 hours) feel feverish or warm to the touch?		
Do you currently (or within the past 48 hours) have any gastrointestinal concerns (e.g., abdominal pain, nausea, vomiting, diarrhea)?			Have you suddenly lost your sense of smell or taste any time in the past 48 hours?		
Do you currently (or within the past 48 hours) have a new or unusual headache (e.g., not related to caffeine, diet, or hunger, not related to history of migraines, clusters, or tension)?			To the best of your knowledge, have you had contact with anyone who has COVID-19 in the past 14 days?		
Do you currently (or within the past 48 hours) have unexplained abnormal fatigue (e.g., not related to current medical treatment)?			Are you currently (or within the past 48 hours) abnormally congested or have a runny nose?		
Do you currently (or within the past 48 hours) have a new or worsened cough?			Have you been in close contact with anyone who has exhibited any symptoms of COVID-19 in the past 14 days?		
Do you currently (or within the past 48 hours) have a sore throat?					

**Explain any "Yes" answers:**

## Assumption of Risk

I understand the importance of being honest and complete in my responses to this COVID-19 Health Screening Form and any verbal health questions I may be asked. I further understand that false information may jeopardize my health, the health of CSCSTL's staff, and the health of others. With this understanding, I hereby certify that the answers I gave to the questions above and any verbal questions I may have been asked were true and correct to the best of my ability. I also understand and agree that CSCSTL may, in their sole discretion, prohibit any individual who shows or reports any symptoms associated with COVID-19 or otherwise responds affirmatively to the above questions to enter CSCSTL's office.

I understand that my responses to the questions on this form and any verbal questions cannot predict or rule out my (or anyone else's) exposure to or infection with COVID-19. I understand these measures are simply being taken in an effort to help ensure that individuals who show potential signs of having COVID-19 or have been exposed to COVID-19 are not permitted in CSCSTL's office.

I acknowledge and agree that by coming to the CSCSTL facility and office and/or attending in person programs, I am assuming the risk of exposure to COVID-19 and other public health risks. This risk may increase if I travel by public transportation, cab, or ridesharing service. I further agree to indemnify, defend and hold harmless CSCSTL, its employees, contractors, officers, directors and representatives from any loss, cost, claim or damage arising or potentially arising from exposure to or contracting COVID-19 in connection with visiting the CSCSTL facility.

## Signature, Certification and Agreement

**I hereby certify as to accuracy and agree to the terms, conditions, and guidelines herein.**

Signature \_\_\_\_\_

Date \_\_\_\_\_

Printed Name \_\_\_\_\_