



WALK. RUN. INSPIRE.

Saturday, May 4, 2024

Sailboat Cove in Creve Coeur Park
13725 Marine Ave, St. Louis, MO 63146
1 mile or 3.7 miles walk or fun run

Emcee
JULIE TRISTAN
Guest Host
DAN GRAY

FREQUENTLY ASKED QUESTIONS:

MAY 4 STEPS FOR HOPE SCHEDULE:

May 4 schedule:

- | | |
|------------------|--|
| 9:00am-10:00am | Steps For Hope check-in and onsite registration opens at the Registration table in the Wellness tent |
| 9:00am-11:00am | Raffle tickets on sale |
| 9:00am – 12:00pm | VIP Sponsor Pavilion open (red VIP wristband required for entry)
Food and Beverage Tent open
TKO DJ playing up the fun
Families Connect tent open
CSCSTL Young Professionals/Jason Brightfield Young Adult tent open
Waterway Carwash Wheel- donate to win! |
| 9:30am-10:00am | Julie Tristan and Dan Gray, media personalities, onsite as emcees
Louie from the St. Louis Blues onsite to take pics!
Darth Vader and a Jedi onsite to take pics in the Families Connect area! |
| 10:00am | Steps for Hope activities kick off!
Presentation of the <i>Peggy Nelson Esperanza Award</i> , presented to Marty Oberman
Top teams recognition
Start walking!! |
| 11:15am | Raffle drawing! (you do not need to be present to win) |
| 12:00pm | Steps For Hope concludes (until 2025!) |

GENERAL INFORMATION:

What time is the walk?

Registration/check-in opens at 9:00am and **Steps For Hope activities kick off at 10:00am.**

What time should I arrive?

Registration/check-in opens at 9:00am, **Steps For Hope activities kick off at 10:00am**, and the walk concludes at Noon. We hope you'll join in the fun the entire time!

What activities will be available in addition to the walk?

We have a full day of fun for everyone!

Louie from the **St. Louis Blues** will be onsite to kick off the walk and take pics from **9:30am-10:00am**

Darth Vader and a Jedi will be onsite to take pics in the Families Connect area from **9:30am-10:00am**

Julie Tristan and Dan Gray, media personalities, will be onsite as emcee from **9:30am-11:30am**

TKO DJ will be playing up the fun from **9:00am-Noon**

Families Connect tent open from **9:00am-12:00pm** with face painting, art activity, nature scavenger hunt, a special raffle opportunity, and more!

CSSTL Young Professionals/Jason Brightfield Young Adult tent open from **9:00am-12:00pm** with a special raffle opportunity and duck pond fundraiser!

Donate to spin the Waterway Carwash Wheel and win a car wash and some CSC swag!

Raffle tickets available for purchase from 9:00am-11:00am and the **winners will be drawn at 11:15am** (you do not need to be present to win). To purchase tickets online through May 1 [click here](#).

We are pleased to present the **Peggy Nelson Esperanza Award** to Marty Oberman, long-time CSC board member and supporter, at 10:00am.

REGISTRATION

Can I choose my walk time?

We are excited to **kick off the walk activities with all participants at 10:00am.**

Can I register at the walk on May 4?

Yes! Just stop by the Registration table in the Wellness Tent between 9:00am and 10:00am to register.

I registered to walk but my plans changed and I am not able to walk. Can I get a refund?

Unfortunately, we are not able to provide refunds.

Will I receive a t-shirt?

All participants paying the \$45 registration fee by April 10 will receive a commemorative Steps For Hope t-shirt (adult sizes only). We will make every effort to provide a t-shirt for registrations made after April 10. [To register click here](#).

Do I have to pay for my child to walk?

Children ages 12 and younger are free. Please note that only participants paying the \$45 registration fee by April 10 are guaranteed a commemorative Steps For Hope t-shirt (adult sizes only). We will make every effort to provide a t-shirt to registrations for made after April 10.

What is the cost to register and what is included with my registration?

We have 2 registration options:

1. \$45 per person registration includes a commemorative Steps For Hope t-shirt (adult sizes only; t-shirt guaranteed with registration by April 10), and access to snacks and drinks in the Food and Beverage tent. We will make every effort to provide a t-shirt for registrations made after April 10.
2. \$25 per person registration includes access to snacks and drinks in the Food and Beverage tent.

[To register click here.](#)

How do I get my t-shirt?

There are 2 options to receive your t-shirt:

1. Advance pickup – If you register by April 10 you can pick up your t-shirt at Cancer Support Community at 1058 Old Des Peres Road, St. Louis 63131 from 10:00am to 4:00pm on Wednesday May 1 and Thursday May 2.
2. Walk day pickup – You can pick up your t-shirt at the Registration table in the Wellness Tent at Creve Coeur Park in Sailboat Cove on Saturday May 4 from 9:00am to Noon. Please note that t-shirts are only guaranteed if you register by April 10. [To register click here.](#)

We will make every effort to provide a t-shirt for registrations made after April 10. Please check t-shirt availability at the Registration table in the Wellness Tent at Creve Coeur Park in Sailboat Cove on Saturday May 4 from 9:00am to Noon.

Can I participate in Steps for Hope if I am not able to attend in person?

Unfortunately we will not have an official virtual Steps For Hope program but you can always take your own Steps for Hope and tag us in your social media posts!

THINGS TO BRING WITH YOU ON MAY 4

What do I need to bring/wear on May 4?

To make sure you have the best walk experience we recommend bringing/wearing the following:

- **Weather-appropriate attire** (the walk will take place, rain or shine!)
- **Steps For Hope t-shirt** (guaranteed with a paid \$45 registration by April 10)
- **Comfortable shoes** for walking
- **Sunscreen**
- A **hat** or visor
- A bottle of **water** or other hydrating drink (we will also have individual bottles in the Food tent)
- A **credit card to purchase raffle tickets**. Raffle tickets can be purchased at the walk until 11:00am and the drawing will take place at 11:15am (you do not need to be present to win)
- **Creative signs** to show off your team's style
- **Cameras or smartphones** to take and post plenty of pictures

Walk TEAMS

Do my team members have to register?

Yes, if they want to attend Steps for Hope on May 4 at Creve Coeur Park they need to register. [To join a team click here.](#)

VIP SPONSOR PAVILION

Where is the VIP Sponsor Pavilion?

To celebrate your dedication to raising money for Steps for Hope we are pleased to offer a VIP Sponsor Pavilion at the Tremayne Shelter. VIP status is exclusively awarded to our corporate and individual Sponsors. A red wristband is required to enter the VIP Sponsor Pavilion. VIP wristbands can be picked up when you pick up your t-shirt.

If you are interested in becoming a [corporate sponsor click here](#) or an [individual sponsor click here](#), or email Sharon at sclark@cancersupportstl.org.

How can I access the VIP Sponsor Pavilion?

VIP status is exclusively awarded to our corporate and individual Sponsors. A red wristband is required to enter the VIP Sponsor Pavilion. If you interested in becoming a [corporate sponsor click here](#) or an [individual sponsor click here](#), or email Sharon at sclark@cancersupportstl.org.

What is included in the VIP Sponsor Pavilion?

The sponsor VIP Sponsor Pavilion includes soft seating areas for relaxing and socializing before and after you walk, a variety of snacks, fruit, and drink options. A red wristband is required to enter the VIP Sponsor Pavilion. If you are interested in becoming a [corporate sponsor click here](#) or an [individual sponsor click here](#), or email Sharon at sclark@cancersupportstl.org.

RAFFLE

What are the raffle items?

[Click here to buy tickets](#) to our 5 fun raffle baskets. Tickets are available online through May 1, or onsite at Steps For Hope on May 4 from 9:00am-11:00am! You do not need to be present to win.

What is the cost of a raffle ticket

Raffle tickets are only \$5 each or 5 for \$20. [Click here to buy tickets](#) online through May 1 or purchase onsite at Steps For Hope on May 4 from 9:00am-11:00am! Raffle winners will be drawn on May 4 at 11:15am. You do not need to be present to win.

Can I buy raffle tickets on May 4 at the Walk?

Yes! We will sell raffle tickets at Steps For Hope from 9:00am-11:00am. Raffle tickets are \$5 each or 5 for \$20. Raffle winners will be drawn on May 4 at 11:15am. You do not need to be present to win.

When is the raffle drawing?

The raffle drawings will take place at 11:15am on May 4 at Creve Coeur Park. [Click here to buy tickets](#) online through May 1. Winners do not need to be present to win.

If I win, how do I claim my prize?

Winners may claim their raffle basket at Steps For Hope on May 4 from 11:15am-Noon at the Registration table in the Wellness tent. If you are not able to claim during that time or are not attending Steps For Hope on May 4 raffle prizes can be picked up at Cancer Support Community at 1058 Old Des Peres Road, St. Louis 63131. Please email Emily at Ekelle@cancersupportstl.org or call 314-238-2000 to make pick up arrangements.

Do I need to be present at the drawing to win?

You do not need to be present to win but we hope you can join in the excitement of the raffle drawing at Creve Coeur Park on May 4 at 11:15am.

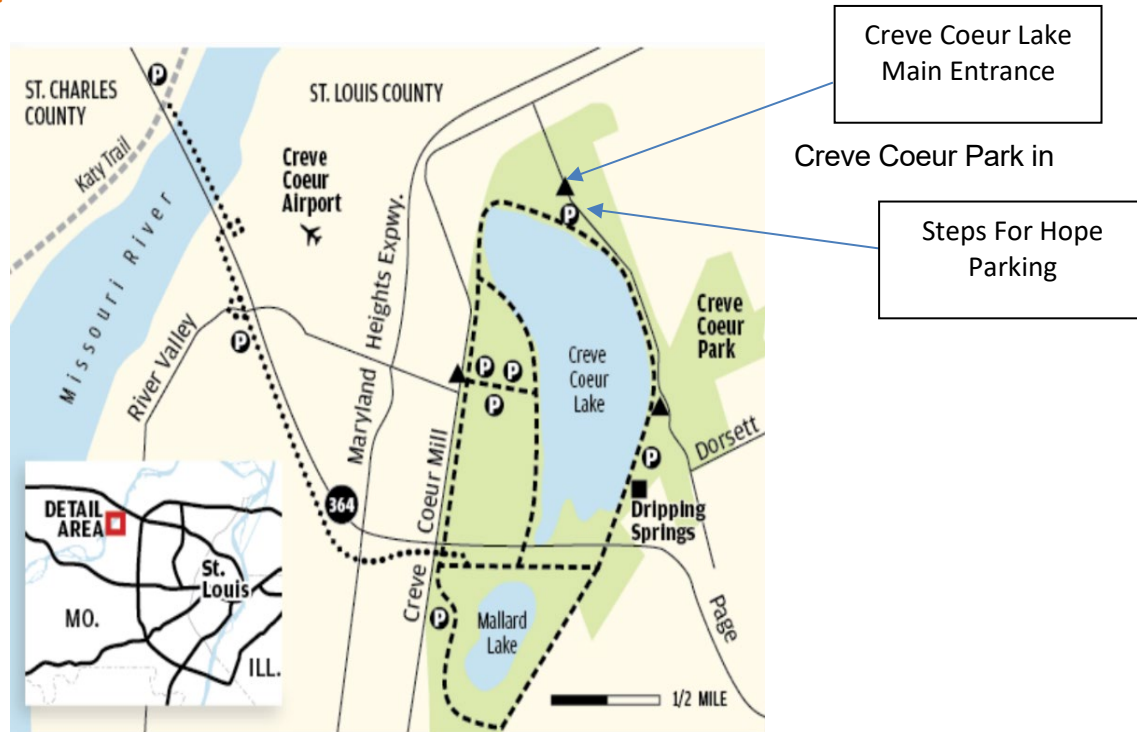
PARKING

Where do I park?

Parking is available near the Tremayne Shelter area at the main entrance to Creve Coeur Park in Sailboat Cove. A Steps For Hope volunteer will guide you to the parking lot.

Is there a charge to park?

No, there is no charge to park. Free parking is available near the Tremayne Shelter area at the main entrance to Sailboat Cove. A Steps For Hope volunteer will guide you to the parking lot.



HOW CAN I FUNDRAISE IN ADDITION TO WALKING, OR IF I CAN'T PARTICIPATE IN THE WALK?

Can I still fundraise if I don't attend the Walk?

Yes, thank you! While attending Steps For Hope is the best way to celebrate together, you can still fundraise. At the end of the day, it's about what we make possible together through your fundraising – just follow these simple steps:

1. [Create your fundraising page](#) so everyone knows why you support Cancer Support Community of Greater St. Louis. Share your own story to inspire your team! Make sure to share the link to your fundraising page through social media and email.
2. Get creative! We know you may need to change your fundraising plans, but now is a great time to be creative with how you'll hit your goal. Have a virtual party asking people to share their stories and contribute to your fundraiser. We'd be happy for you to share other ideas with us as well! How can we connect as a community in a virtual way? Do you have fun videos to share?

Does the money raised stay right here in our community?

Yes! All proceeds from Steps for Hope directly fund Cancer Support Community of Greater St. Louis' free programs and services offered to individuals and families impacted by cancer in our community.

Do you accept employer-matching donations?

Yes, talk to your human resources department to find out if your company participates in a matching gift program.

OTHER QUESTIONS

How long is the walk route?

We have 2 walk options – 1 mile and 3.7 miles.

Where does the walk take place?

The walk takes place at Creve Coeur Park in Sailboat Cove (13725 Marine Avenue, Maryland Heights, MO 63043). The official start/finish line is near the Tremayne Shelter area.

What if it rains?

The walk must go on! Rain or shine, we'll be there! In the unlikely event of significant or dangerous weather conditions please [click here](#) or check our [Facebook page](#) for updates.

Are pets and strollers allowed at the event?

Absolutely! Bring the whole family – even the furry ones. Please remember that pets need to be current on vaccines, and on a leash under your control always.