



Empowering Lives, Inspiring Hope

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FOR IMMEDIATE RELEASE

**Cancer Support Community Offers *Kid Support™* Three-Week Spring Session
Starting February 9th
*Family Workshop Series for Children and Teens Coping with Cancer in the Family***

St. Louis, MO (January 26, 2016) –[Cancer Support Community of Greater St. Louis](http://www.cancersupportstl.org) (CSC) will hold a new spring session of *Kid Support™*, **Wednesdays, February 9, 16 & 23**. *Kid Support™* is a series of three interwoven workshops for children and teens (ages 5-18—divided into age groups), who have a parent, grandparent, or other adult family member with cancer. *Kid Support™* is an evidence-based peer support program led by licensed therapists/social workers experienced in working with children affected by cancer in the family. 1 ½ hour sessions include age-appropriate activities (art, games, writing, cooking, etc.) and provide a safe space for children and teens to talk openly about questions and to have conversations about their loved ones' cancer.

This program will be held at Cancer Support Community, 1058 Old Des Peres Road, St. Louis, 63131 (in Des Peres Square shopping center). **To register, contact Cancer Support Community 314-238-2000.**

CSC Member Michael said "I was once depressed over my mom's Leukemia and I felt as if I needed to meet others to help cope with it. I met others who are going through the same things as me. The cancer support group is more than a group to me; we are like family."

Parents/caretakers also have the opportunity to meet in their own group for support and education about parenting through the cancer experience, while the children and teens meet. Adult family members learn ways to communicate with their children about their cancer and gain support from other adults. Children and adult groups begin with complimentary dinner and networking.

Funding for the Children, Teens, and Families Program is provided by the Saigh Foundation.

ABOUT CANCER SUPPORT COMMUNITY OF GREATER ST. LOUIS

Cancer Support Community of Greater St. Louis (CSC) is a non-profit organization whose mission is to ensure that all people impacted by cancer are empowered by knowledge, strengthened by action, and sustained by community to enhance their overall well-being. All programs are offered at no charge in a comfortable, home-like environment. Cancer Support Community offers professionally-led support groups, educational workshops, nutrition and exercise programs, and stress-reduction classes to

empower and educate individuals affected by cancer. For more information, visit www.cancersupportstl.org or call 314-238-2000.

About *Kid Support*[™]

Developed in 1999 by Ann Speltz, Ph.D., *Kid Support*[™] was designed to address the psychological and social needs of children living with cancer in the family. The program provides detailed curriculum manuals and facilitator training to establish peer psycho-educational support groups for these children.

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