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## FOR IMMEDIATE RELEASE – MEDIA ALERT

### **CSC Offers Frankly Speaking About Cancer: Treatments & Side Effects**

*Educational Workshop to Help People Living with Cancer Better Manage Side Effects*

**Saint Louis, Missouri (April 13, 2016)** – [Cancer Support Community of Greater St. Louis](http://www.cancersupportstl.org) (CSC) will offer an educational workshop at no charge for people living with cancer and their loved ones entitled “Frankly Speaking About Cancer: Treatments & Side Effects.” Designed to help people understand and manage the physical and psychological side effects of treatment, the two hour workshop will take place on **Thursday, April 28** from **5:30 PM-7:30 PM** at **St. Anthony’s Cancer Care Center**, 10010 Kennerly Rd., St. Louis, Mo 63128.

At the workshop, people impacted by cancer will learn about the management of treatment side effects such as fatigue, hair loss, anemia, infection, and pain with a St. Anthony’s team member. A CSC facilitator will also address ways to cope with emotional distress and optimize quality of life during and after treatment. A complimentary booklet entitled *Frankly Speaking About Cancer: Treatment and Side Effects* will be provided to all participants.

Advance registration is preferred but walk-in attendees are welcome. To register, please call **314-238-2000** or register online at [www.cancersupportstl.org](http://www.cancersupportstl.org)

*Frankly Speaking About Cancer: Treatments & Side Effects* is part of a Frankly Speaking About Cancer series, a collection of cancer-related education programs created by Cancer Support Community. This program is made possible through an unrestricted educational grant from Amgen.

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**Editor’s Note:** Reporters are welcome to attend the workshop, however, please contact us in advance if you are interested in bringing a photo/videographer.

**Cancer Support Community of Greater St. Louis (CSC)** is a non-profit organization whose mission is to ensure that all people impacted by cancer are empowered by knowledge, strengthened by action, and sustained by community to enhance their overall well-being. All programs are offered at no charge in a comfortable, home-like environment. Cancer Support Community offers professionally-led support groups, educational workshops, nutrition and exercise programs, and stress management classes to empower and educate individuals affected by cancer. For more information, visit [www.cancersupportstl.org](http://www.cancersupportstl.org) or call 314-238-2000.